



**FREDERICKSBURG PSYCHOLOGICAL SERVICES**  
1119 Caroline Street      Fredericksburg, VA 22401

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540-371-2251  
[alexanderBory@gmail.com](mailto:alexanderBory@gmail.com)

Dr. Alexander Bory, Ph.D, ABPP    Dr. Eric Swift, Ph.D.    Dr. Megan Gramm, Ph.D.

Please answer the following questions in order to help us to address your concerns.

Briefly describe your reason for seeking help: \_\_\_\_\_

\_\_\_\_\_

Who suggested that you contact this office? \_\_\_\_\_

Your Primary Care Physician is: \_\_\_\_\_

When were you last examined by a physician? \_\_\_\_\_

Have you ever received psychiatric or psychological help or counseling of any kind before: \_\_\_\_\_

If yes, please explain why: \_\_\_\_\_

Please CIRCLE or MARK any of the following problems that you are experiencing:

lack of Appetite  
excessive drinking  
anger management  
problem drug use  
nervousness  
fatigue  
anxiety  
loneliness  
nightmares  
intrusive thoughts  
sleep disturbance  
headaches  
legal matters  
children

sexual problems  
appetite disturbance  
stomach problems  
pain  
low self-esteem  
compulsive behavior  
feelings of unreality  
flashbacks  
concentration problems  
depression  
bowel problems  
self-control  
stress  
ideas of self-harm

bladder control  
difficulty relaxing  
fears/phobias  
obsessive thoughts  
relationship problems  
panic attacks  
poor impulse control  
confusion  
difficulty trusting  
marital/family problems  
finances  
health problems  
memory  
don't know



# Fredericksburg Psychological Services, P.C.

## New Patient Information

First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Cell Phone \_\_\_\_\_ Can you/will you receive text messages? Y N

Secondary Phone \_\_\_\_\_ Work? Home?

Gender: M F Birthdate: mm/dd/yyyy \_\_\_\_\_

Social Security Number \_\_\_\_\_

## Responsible Party, if other than patient

Name \_\_\_\_\_ Relationship to patient \_\_\_\_\_

Address, if different from patient \_\_\_\_\_

## Insurance Information: Please provide insurance card(s)

Condition related to: Employment? Y N Auto Accident? Y N Other Accident? Y N

Employer's Health Plan? Y N

Primary Insurance Company \_\_\_\_\_

Policy Holder \_\_\_\_\_ Phone Number \_\_\_\_\_

Patient relationship to insured: \_\_\_\_\_

Secondary Insurance Company \_\_\_\_\_

Policy Holder \_\_\_\_\_

Patient relationship to insured \_\_\_\_\_ I AUTHORIZE THE RELEASE OF ANY MEDICAL INFORMATION NECESSARY TO PROCESS THIS CLAIM AND REQUEST PAYMENT OF BENEFITS DIRECTLY TO THE PROVIDER.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_



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**OFFICE BILLING AND INSURANCE POLICY**

1. I authorize use of this form on all my insurance submissions.
2. I authorize the release of information to my insurance company(s).
3. I understand that I am responsible for the full amount of my bill for services provided.
4. I authorize direct payment to my service provider.
5. I hereby permit a copy of this to be used in place of an original.

Name: \_\_\_\_\_ ID/SSN \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

It is my responsibility to pay any deductible amount, co-pay, co-insurance amount, or any other balance not paid by my insurance company.

I will pay a \$25.00 service charge on all returned checks.

**POLICY: There is a 24-hour cancellation policy, which requires that you cancel your appointment 24 hours in advance.**

**POLICY: You will be billed for missed appointments at the rate of \$150.00.**

**Insurance companies do not compensate for missed appointments.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_